

Community Information Meeting



What is a Hope Squad?







A Call to Action

According to the 2021 Youth Risk Behavior Survey released in 2023, in the 12 months preceding the survey, more than 1 in 6 high school students **16.4%** in Montana reported having been bullied online, 41% had feelings of sadness or hopelessness, and **21.7**% of students (about 1 in 5) reported having considered attempting suicide.

CDC 2023



There's <u>no</u> substitute for the human connection.



Peer-to-Peer Program Research

Peer-to-peer school-based crisis prevention program, the Hope Squad, showed a reduction in mental health stigma and increased knowledge of resources and strategies for helping peers (Wright-Berryman et al., 2018).

© HOPE SQUAD® | LICENSED ADVISOR TRAINING

HOPE SQUAD PROMOTES:

1

2

3

 A school culture of inclusivity through connection. • Refines interpersonal skills.

 Promotes anti-bullying.

4

5

6

 Encourages School Safety through connection. Helps to reduce the stigma of mental illness. Promotes helpseeking behavior.



Accepted to SPRC Best Practices Registry Listing



TO HAVE A SUCCESSFUL HOPE SQUAD













Involved **Principal & Faculty**

Dedicated Advisors

Supportive Staff

Hope Squad **Members**

Committed Supportive Parents

Partnership with local community mental health resources.

Parent Permission Required

It's a commitment





What Do Hope Squad Members Do?

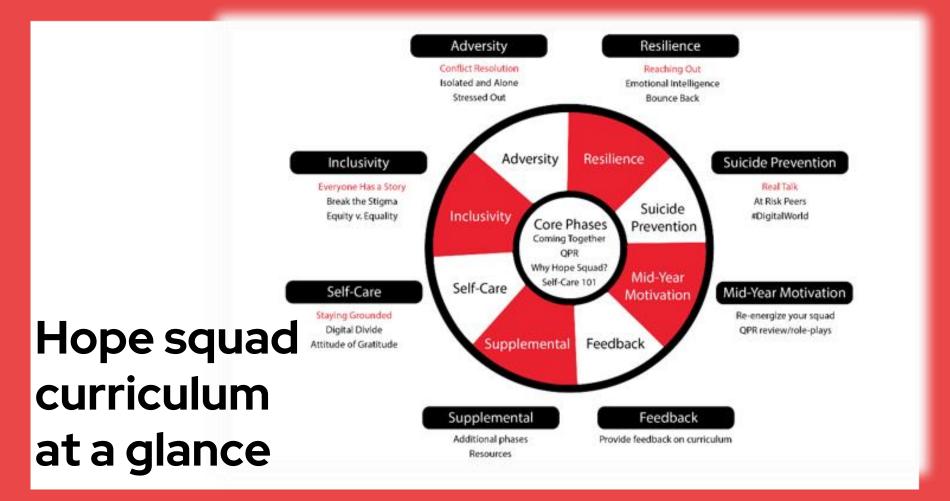
Organize schoolwide activities that promote connectedness

Hope Squad Members....

Serve as a bridge to support for fellow students

Are NOT trained to be counselors or therapists

Spread HOPE and positivity within a school



© HOPE SQUAD® | LICENSED ADVISOR TRAINING

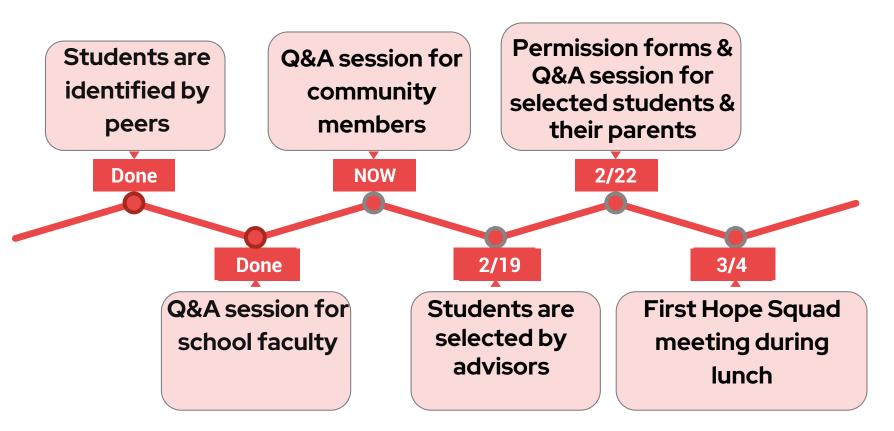






www.hopesquad.com

TIMELINE FOR IMPLEMENTATION



DHOPE SQUAD® | LICENSED ADVISOR TRAINING

Special Guests & Advisors

Tim Tharp - Pastor, County Superintendent

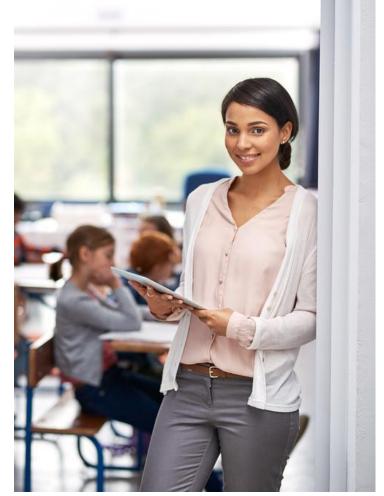
Jessica Gilbert - Behavioral Health/Crisis
Coordinator

Advisors - Mrs. Clausen, Ms. Muscha, Mrs. Spinner, Mrs. Christensen, Mrs. Kollman

How can you help?

Please help support Hope Squad by:

- Being positive about the program
- Showing support with positive comments
- Watching and referring concerns to advisors or the school counselor
- Supporting squad activities and encouraging the student body to support and participate



HOPE SQUAD® | LICENSED ADVISOR TRAINING

